

Hydro Bibb Lettuce

served in your café this December!





Fresh from Hartwell,
Georgia, StoneCreek
Hydroponics produces
hydroponically grown
lettuces, lettuce mixes, and
watercress. Products are
grown in water without dirt,
weeds, rocks, and fertilizers
that accompany traditional
farming methods.

- There are four main types of lettuce:
   Butterhead, Crisphead, Looseleaf, and Romaine.
- Lettuce leaves that are darker in color contain more vitamins and minerals than paler varieties.
- Bibb lettuce is named after John Bibb, who developed the variety in the 1860s.
- Lettuce is in season in Georgia January through May.
  - Bibb lettuce is a good source of vitamin A!





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